Here are some suggestions for care after your trigeminal neuralgia procedure, either a glycerol injection of balloon compression. We realize that it is impossible to anticipate all of the questions or problems that may arise during this time; however, Dr. Ott, his assistant Glory, or one of his colleagues will be available to help you.

To reach us call 619 297-4481 ext. 102

**Post-Operative pain**

After glycerol injection or balloon compression of the trigeminal nerve, the trigeminal neuralgia, (shock-like pain in the face), usually diminishes within a few days. Expect facial swelling, some pain in the jaw and discomfort with eating as a result of the injection procedure. These discomforts will disappear within a few days. A certain amount of numbness in the face may occur after treatment; this usually disappears slowly over weeks to months.

Pain can generally be controlled by pain medicine taken by mouth. These medications are typically necessary for one to two weeks after surgery. As a general rule, pain medications ease the pain but do not totally eliminate the pain after operation. Local heat or ice to the wound area may also help. Continue taking your medication prescribed for trigeminal neuralgia until the shock-like pains disappear.

**Wound Care**

Use an ice pack to the face if you have facial swelling. Apply three times a day for two days. Promptly report any fever, headache or mental status changes as these symptoms may be symptoms of an infection. Infection is rare after treatment for trigeminal neuralgia.

**Activity & Diet**

Return to normal activity as soon as your pain level eases. You may resume your regular diet upon discharge from the hospital.

**Follow-up**

Call Glory the day following the treatment at 619.297.4481 ext. 102. We will see you about 10 days after your procedure. You may have questions that you didn’t anticipate. Please make a list, as you think of them, to bring with you to be answered during the visit.